

Contents

Introduction	1
Setting Out	2
Arriving	13
1 Sacred Death	19
2 Sacred Love	75
3 Sacred Child	127
4 Sacred Nature	171
5 Sacred Awakening	227

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system or transmitted in any form by any means, electronic, mechanical, photocopying, recording or otherwise, without the prior written permission of the publisher and copyright holders.

The moral right of the author has been asserted

Copyright © Ruth Ostrow 2004

Every attempt has been made to locate the copyright holders for material quoted in this book. Any person or organisation that may have been overlooked should please contact the publishers Hardie Grant